

Essence: Sweet children, have the faith that you are a soul and that that is your body. There is no question of visions in this. Even if people were to have a vision of a soul, they wouldn't be able to understand it.

Question: By following which shrimat of the Father will you be liberated from being punished in the *jail* of the womb?

Answer: The Father's shrimat is: Children, become conquerors of attachment. Belong to the one Father and none other. Simply remember Me and don't perform any sinful actions and you will be liberated from being punished in the *jail* of the womb. Here, you have been a *jailbird* for birth after birth. The Father has now come to liberate you from that punishment. There is no *jail* of the womb in the golden age.

Om shanti. The spiritual Father explains to you spiritual children what a soul is and who the Supreme Soul, his Father, is. He explains this once again because this is an impure world. Those who are impure are always senseless. The pure world is the sensible world. Bharat was the pure world, that is, it was the kingdom of deities. It was the kingdom of Lakshmi and Narayan. They were very wealthy and happy, but the people of Bharat don't understand these things. They don't know the Father, the Supreme Father, the Creator. It is only human beings who would know this; animals would not know this. They even remember: Oh Supreme Father, Supreme Soul. He is the parlokik *Father*. The soul remembers his Supreme Father, the Supreme Soul. It is a physical father who gives birth to this body whereas that Supreme Father, the Supreme Soul, is the parlokik *Father*, the Father of souls. People worship Lakshmi and Narayan. They understand that they existed in the golden age and that Rama and Sita were in the silver age. The Father comes here and explains: Children, you have been remembering Me, your parlokik Father, for birth after birth. *God, the Father*, would definitely be the Incorporeal One. We souls are also incorporeal. We became corporeal after coming here. This very small matter doesn't enter anyone's intellect. That unlimited Father of yours is the Creator. You call out: You are the Mother and Father. We belong to You and so we become the masters of heaven. Then we forget You and become the masters of hell. That Father now sits here and explains through this one: I am the Creator and this is My creation. I am explaining its secrets to you. This one also understands. No one has seen a soul so why do they say "I am a soul"? You understand that you souls shed a body and take another. It is said: A great soul, a charitable soul. You have the faith: I am a soul and this is my body. The body is perishable whereas the imperishable soul is a child of that Supreme Father, the Supreme Soul. This is such an easy matter, but good sensible ones are unable to understand. Maya has locked your intellect. You can't have a vision of yourself, the soul. It is the soul that takes many births. His father changes in every birth. Why do you not have the faith that you are a soul? You ask to have a vision of a soul. For so many births, did you tell anyone that you should have a vision of a soul? Some people do have a vision of a soul, but they are unable to understand. You don't know the Father. No one apart from the unlimited Father, can grant souls a vision of God. They say: Oh God! So He is the Father, is He not? You have two fathers: one is a perishable father who gives birth to the perishable body. The other is the imperishable Father of imperishable souls. You sing: You are the Mother and Father. You remember Him and so He must have definitely come, mustn't He? Jagadamba and Jagadpita are sitting here; they are studying Raja Yoga. There was the kingdom of Lakshmi and Narayan in Paradise. They too existed in Bharat. People believe that heaven is somewhere up above, but the memorials of Lakshmi and Narayan are here and so they must definitely have ruled their kingdom here. The Dilwala Temple is the memorial of your present time. You are Raja Yogis. There are 108 rooms (alcoves) there. You are the half-kumaris and kumaris sitting here and the memorial of this is created on the path of devotion. The Dilwala Temple is absolutely accurate. However, the *trustees* of that temple do not know whose temple it is. The name "Dilwala" also has a meaning. Who is the One who conquers your heart? This Adi Dev and Adi Devi are studying Raja Yoga. They too would remember that Incorporeal Supreme Father, the Supreme Soul. He is the Highest on High, the Ocean of Knowledge. He sits in the body of this Adi Dev and explains to all you children. They don't know anything about when this temple was built, why it was built and whose memorial it is. They mention the names of so many goddesses: Kali, Durga,

Anapurna (Goddess of food). Who would be the Goddess Anapurna (who provides food) for the whole world? Do you know which goddesses fulfil people's need for food? Bharat was heaven; there were plenty of material comforts there. Until only 80 to 90 years ago, you could still get 120 lbs of grain for 10 to 12 annas (3/4 of a rupee). So everything would have been so cheap before that. In the golden age, grains etc. are very good and cheap. However, no one understands even this. The Father comes here and teaches you souls. The soul listens through these physical senses. The soul has received these eyes with which to see and ears with which to hear. The Father says: I, the Incorporeal, also take support of the body of this one. I am always called Shiva. People have given Me many names – Rudra, Shiva, Somnath – but My one and only name is Shiva. Devotees have been remembering God and saying: Salutations to Shiva. It is now 2,500 years since they came into existence. On the path of devotion, there was unadulterated worship at first. You have now put Me into pebbles and stones. It is now the end of that devotion. I have come to take everyone back home. This old world is to end. *Bombs* have been manufactured and so everyone will be destroyed in a short time. In the golden age, there are so few people: there are only 900,000. Where will all the rest go? There will be wars and *earthquakes* etc. Destruction definitely has to take place. This one is Prajapita. There are so many Brahma Kumars and Kumaris. Who is the Father of Brahma? Incorporeal Shiva. You are His grandsons and granddaughters. You are claiming your inheritance from Shiv Baba. So you have to remember Him alone. It is through remembrance that your burden of sins will be removed. You know that this is the *vicious* impure world. The golden age is the *viceless* world. There is no poison (vice) there. According to the system, everyone only has one son. There is never untimely death there. It is the land of happiness. Here, there is so much sorrow. However, no one knows these things. They relate the Gita. The versions of God are the Shrimad Bhagawad Gita. Achcha, who is God? They say that it is Shri Krishna. Ah, but he is young child, so how could he teach Raja Yoga? At that time, the world is not impure. The One who teaches Raja Yoga for salvation has to exist here. In the Gita, it is written: The sacrificial fire of the knowledge of the Gita of Rudra. There is no sacrificial fire of the Gita of Krishna. This sacrificial fire has been continuing for 67 years (1936-2003). When will it end? When the old world is sacrificed into it. When a sacrificial fire ends, they sacrifice everything into it. This sacrificial fire will continue till the end. This old world is going to end. The Father says: I am the Death of all Deaths. I have come to take everyone back home. I am teaching you so that you become the masters of heaven. You know that, at this time, all human beings are constantly unfortunate. In the golden age, you were constantly fortunate. Explain this difference to everyone. When people come here, they understand very well, but as soon as they return home everything is finished. Similarly they make a promise in the *jail* of a womb that they won't commit any more sin. Then as soon as they come out they begin to commit sin again. They are *jailbirds*. At this time all human beings are *jailbirds*. They repeatedly enter the *jail* of a womb and experience punishment. The Father says: I am now liberating you from becoming a *jailbird*. In the golden age, a womb is not called a *jail*. I have come to liberate you from that punishment. Now remember Me. Don't commit any sin. Become a conqueror of attachment. People sing: Mine is One alone and none other. They are not referring to Krishna. Krishna took 84 births and has now come and become Brahma. Then he is the one who will become Krishna again. This is why He has entered this body. This *drama* is the predestined. God is now establishing the sun and moon dynasties. He is creating your reward for the future. You are now making effort and creating your reward for many births through the unlimited Father, who is the Creator of heaven. These matters have to be understood. Each *actor* has his own *part* in the *drama*. Why should we weep and wail about this? We are remembering that one Father whilst alive. We are not even concerned about this body. When we shed this old body, we will go to Baba. At this time, you are serving Bharat so much. Your names are remembered as Anapurna, Durga, Kali etc. There isn't really any Kali with a fearsome form or Ganesh with an elephant's trunk. Human beings are human beings. The Father now explains to you: I am making you children like Lakshmi and Narayan. Have the faith that you are claiming your inheritance from Baba and then, in the future, you will become *princes* and *princesses*. No one knows the Father who is the Creator of heaven. They have even forgotten Jagadamba. Those whose temples have been built are now sitting here in the living form. After the iron age there has to be the

golden age. People ask when destruction will take place. However, first of all, study and become clever. The Mahabharat War definitely took place and it was only after that that the gates of heaven opened. So, the gates of heaven are now being opened through these mothers. They sing: Salutations to the mothers. It is pure ones who are praised. There are two types of mother. One type is physical *social workers* and the other is the spiritual *social workers*. This is your spiritual pilgrimage. You know that we will shed our bodies and go back home. God speaks: Manmanabhav. Remember Me, your Father. Krishna, the child, would not say this. He has his own father. No one understands the meaning of manmanabhav. The Father says: Remember Me and your sins will be absolved and you will receive wings with which to fly. You are now changing from those with a stone intellect to those with a divine intellect. The Creator, the Father of all, is only one. There are also the temples to Adi Dev and Adi Devi. You, their children, are studying Raja Yoga here. It is here that you did tapasya and so your memorials are in front of you. How did Lakshmi and Narayan receive their kingdom? That is their temple. You are Raj Rishis. You are now making effort to attain your kingdom or attain your fortune of the kingdom of Bharat once again. You are establishing the kingdom of heaven in Bharat. You are serving Bharat with your own body, mind and wealth. You are *liberating* everyone from the impure kingdom of Ravan by following the Father's shrimat. The Father is the *Liberator*, the Remover of Sorrow and the Bestower of Happiness. He inspires the destruction of the old world in order to remove your sorrow. He enables you to conquer your enemy so that you can become conquerors of Maya and conquerors of the world. You claim the kingdom every cycle and then lose it. This is the sacrificial fire of knowledge of Rudra Shiva through which the flames of destruction emerge. All of them will be destroyed and you will become constantly happy. Sorrow begins in the copper age. The Father says: I come and change the residents of hell into residents of heaven. The iron age is the brothel and the golden age is Shivalaya. You are being made into the masters of heaven by the unlimited Father and so your mercury of this happiness should rise. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Remember the Father for as long as you live and claim your right to an inheritance. Don't be concerned about anything.
2. Do the service of making Bharat into heaven by using your body, mind and wealth according to shrimat and show everyone the way to be *liberated* from Ravan.

Blessing: May you be an easy yogi and by knowing the importance of a full-stop, put a full-stop to the past.

The easiest punctuation is a full-stop. BapDada simply tells you about the calculation of the point (zero). Become a point form yourself. Remember the Point. After knowing every scene of the *drama*, put a full-stop. Know the importance of this point and put a full-stop to the past. Become a point and you will become an easy yogi. In any case, you have to return home as a point. In the home, everyone stays in their point form. There, their thoughts, actions and sanskars are merged.

Slogan: To remain in the stage beyond whilst performing actions as a karma yogi is to be a flying bird.

*** OM SHANTI ***